

TIPS AND TRICKS: DYSLEXIA AND ADHD

BREAK IT DOWN:

Breaking homework assignments down to smaller tasks is a smart and easy tool for students with dyslexia or ADHD. Large, wordy tasks can be overwhelming for students.

FLASH CARDS:

Flash cards are super helpful when it comes to reading and focus. Flash cards allow the student to test what he or she has learned, while also finding what needs special attention.

MULTIPLE TECHNIQUES:

Some students may need the help of more than one technique. Any sort of visual aid can be helpful. Reading comprehension can be an issue, so any visual aid can be helpful, especially while having the child read and comprehend a section of text.

VOCABULARY WORDS:

Going over vocabulary words before reading assignments can help children be familiar with words they may be unfamiliar with.